



## Safe, Healthy & Respectful Relationships.

Everyone has the right to live safely without fear, oppression and violence. No one deserves abuse of any kind.

We envision a future where safety, respect and equality thrive. We welcome all who are committed to ending violence to join us in ensuring *safe, healthy and respectful relationships for all*.

[safeandrespectful.org](https://safeandrespectful.org)

*If you feel like you're in danger, you have the right to call 9-1-1.*

## *Delaware Resources*

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### **24-hr Relationship Violence Hotlines**

- New Castle County: (302) 762-6110
- Kent/Sussex Counties:  
(302) 422-8058
- 24-hr Relationship Violence Hotline  
(en español): (302) 745-9874

### **24-hr Sexual Assault Hotlines**

- YWCA SARC (New Castle/Sussex Counties): (800) 773-8570
- Contact Lifeline Crisis Helpline  
(Kent/Sussex Counties):  
(800) 262-9800

## *National Resources*

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### **LoveIsRespect Teen Hotline**

- 24-hr Relationship Violence Hotline:  
(866) 331-9474
- 24-hr Relationship Violence Text Line:  
Text LOVEIS to 22522
- 24-hour Relationship Violence Online  
Chat: [loveisrespect.org](https://loveisrespect.org)

### **National Sexual Assault Hotline**

- 24-hour Sexual Assault Hotline:  
(800) 656-HOPE
- 24-hour Sexual Assault Online Chat:  
[online.rainn.org](https://online.rainn.org)